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Triumph and
Inspiration

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A HISTORICAL OVERVIEW: ORIGIN OF THE PARALYMPIC MOVEMENT

The Paralympic movement can trace its roots back to 1948 when it was launched at a hospital for the war disabled in Stoke Mandeville, 60 kilometres outside London. German neurologist Sir Ludwig Guttman was seeking for improvement of such ex-paralyzed soldiers as World War II veterans in physical therapeutics. His specialist group included Royal Air Force pilots with spinal cord injuries; everyone in the group required a wheelchair. Dr Guttman played sports as the Olympic Games were being staged in London. From only 16 athletes contesting for medal in archery and netball, the event has grown over the years.



INSPIRING STORIES OF PARALYMPIC ATHLETES

'Armless Archer' Matt Stutzman wins first gold in final Games

Originally an April 2012 Paralympic television first-timer, Matt Stutzman is a Paralympic athletic sensation. He was born without arms and even the unique way of loading the arrows and firing them was taught by nobody but himself. Paralympic was to be the scene of many thrilling moments on the way to Stutzman's first gold earned in Paris. He won the shoot off in the semi-finals. In the last one he even achieved one of the best ever scores on the Paralympics hitting 149 out of 150 possible points.

Steve Serio ends his legendary Paralympic career by winning another gold

The United States continued to be dominant by becoming the first country to win three consecutive golds in wheelchair basketball while sending Steve Serio home with a flawless performance that saw the American men defeat Great Britain. Five times Paralympian Serio who was an integral part of all three successes declared before the Paralympics that he would be hanging his boot.

India's Journey in Paralympics

The Paralympics is a fascinating display of Physical abilities and more so for the Indians on the world stage. Each of the performance had a powerhouse along with decision and style which made it feel somewhat artistic. The Paralympics participation has gradually developed in India and is being steadily accorded attention in the country. Over the years, the country's chances in games have increased and now there would be 84 athletes to participate in twelve games at Paralympics 2024 in Paris, which would also be a record for India. India started its journey with Paralympics in 1982 and the journey has not been a very long one but it has struggled a lot to come out it. The representation at the Games has increased gradually year after year and Indian athletes in to participate at the 12 games at Paris Paralympics 2024 are 84. This growth is due to increased popularity of para-sports and achievements of government sponsored programs like Khelo India and TOPS.

Conclusion: A Celebration of Human Spirit

Indeed it is more than just a sporting event; The Games fight prejudice of people with disability and offer them a platform for accommodation and integration. As the Games emphasizes, sport can unite people. Paralympics 2024 achievements of the para-athletes have de-stigmatised the journey and have come forward as a catalyst for the change for an acceptable society. The para-sports of India have a promising future as it is a strong message to remind that success in sports is not pegged at disability but to how eager, talented and determined one can push themselves and get over the adversity. WE CAN is the catchword.

HIGHLIGHTS FROM THE 2024 PARALYMPIC GAMES



The Paralympic Games also known as Games of Paralympiad, is a recurring international sporting event that brings up the athletes with various disabilities. The Paralympic Games are organised in the similar way as the Olympics. The "The International Paralympic Committee" has created ten disability categories. Para athletes compete in various categories due to the wide spectrum of disabilities. Athletes demonstrated their talents, showcasing records and achieving their new personal best. Each event was filled with emotions as athletes not only competed for winning medals but also to overcome personal challenges on this esteemed stage.



"Sustainability: The Fundamental Focus of Paris 2024"

Paris 2024 is committed to sustainability. The host have utilised 95% of their temporary venues. Many games of the Paralympics have taken place in their historic places, which in turn has saved the cost of new construction. They even encouraged their athletes to use public or eco - friendly transports. The waste that was generated during the games were recycled. Even the food vendors were asked to use sustainable products.

By focusing on sustainability, Paris has ensured the comfortable space for the athletes. With the access for the natural environment, athletes were able to improve their mental well being and could focus on their practices and games more. Likewise, healthy food provides more nutrition to them and the positive environment boosts their morale.

"Conclusion: A Tribute to Resilience and Inspiration at 2024 Paralympics"

"Strength does not come from physical capacity. It comes from an indomitable will." The 2024 Paralympics has showcased the beauty of athletes' strength, courage and determination. Each moment, whether it is record breaking or breaking the stereotypes has its own unique significance, which highlights the capabilities of every athlete.

Paralympics 2024, not only celebrates the victory of one player over the other but also builds the sense of understanding and appreciating the diverse talent across the globe. It also provides the clear message that the disability cannot stop anyone from achieving anything.

Step into the remarkable world of athletes from Paris 2024 Paralympics, where the athletes from across the globe challenges human potential. From breathtaking performances to heartwarming stories, the athletes have made the Paris 2024 Paralympics extraordinary and will be remembered by the Paralympic fans for years to come. The atmosphere was electrifying as fans were cheering for their favorite athletes, celebrating not only their victories but also the incredible willpower that characterized the games.

"A Remarkable Record"

Paris aims to create history with plans to welcome 4,400 Para athletes from 184 nations to emphasize diversity. The game featured 236 medals for women's competition, which will be an iconic turning point for gender inclusion in sports. It also included the advanced technology which made the athletes perform their best and break records. There were a wide variety of sports that reflected the diverse capabilities of athletes. The Paralympic Game was able to gather more and more of the fans by enhanced broadcasting and social media engagement.

Zakia Khudadadi, a para athlete, expressed her desire to dedicate her bronze medal to the world. She escaped from his native country Afghanistan in 2020 to pursue her dream of paralympics. Further, she aims to inspire all the women and support athletes with disabilities, regardless of their background. Similarly, a 60 year old man, named Thomas Wandschneider, has an inspirational story of determination. He aims to break the stereotype about the age and capabilities of older athletes. He sets the record of oldest competitors and displayed that "Age is just a number".